Attachment D Scope of Work

I. WIC Program Overview

Congress established the WIC Program in the United States through the Child Nutrition Act of 1966. It was initiated at the federal level in 1968 and in Indiana in 1974. According to the United Stated Department of Agriculture's (USDA) Food and Nutrition Service Agency (FNS), WIC "serves to safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care"

(http://www.fns.usda.gov/wic/aboutwic/wicataglance.htm). WIC is a federal grant program that requires annual authorization of funds from Congress. This means WIC is not an entitlement program that sets aside funds for every eligible participant.

The Indiana WIC Program is designed to provide services to pregnant, postpartum and breastfeeding women, infants, and children up to the age of five years who are living in Indiana, are at or below 185% of the federal poverty level for income, and are assessed as having at least one nutritional/medical risk factor. The Program provides participants with supplemental nutritious foods; nutrition education and counseling; and health/social service referrals. Indiana WIC participants redeem checks and cash-value-vouchers for the prescribed WIC foods at authorized retail food stores or pharmacies. Participants are periodically reassessed for eligibility according to designated timelines.

WIC services include:

- ✓ Provide access to nutritious food.
- ✓ Promote healthier eating and physical activity.
- ✓ Support breastfeeding.
- ✓ Offer referrals to health and social services.

The Indiana State Department of Health (ISDH) administers the Indiana WIC Program, which contracts with various local agencies around the state to provide local sponsorship of WIC clinics. Participants throughout Indiana's 92 counties are served by WIC clinics through local sponsorship. The contracted agencies include county health departments, not-for-profit hospitals, and social service programs and foundations. The local agency provides services to applicants and participants; maintains fiscal responsibility; works with vendors such as grocery stores and pharmacies; and conducts community outreach. The Indiana WIC Program staff supports local agencies through technical assistance, training workshops, monitoring, and policy and procedures guidance.

II. Funding

The ISDH is awarded federal funds from USDA FNS to implement the Indiana WIC Program. The funds awarded to ISDH are based on the number of eligible participants. The services provided by the Indiana WIC Program must be completed at no cost to the applicants. The local

agency annually submits a Budget Proposal to the Indiana WIC Program for approval. Once the local agency's Estimated Annual Expenditure Report is approved, the Indiana WIC Program initiates a contract with the local agency. Local agencies are provided a time period for budget amendment requests during the federal fiscal year.

A local agency's administrative cost will be considered on an individual basis. Administrative costs include non-direct costs for local agency support staff. The costs may not exceed 10% of the estimated annual expenditure total minus equipment and contractual. These costs must be justified and if there are shared costs, a cost allocation plan must be submitted.

III. Local Agency Staffing

Local agencies are responsible for all staffing of WIC clinics. The number and type of positions needed depends on the caseload of the clinic. A range of 400 to 425 participants for each full time equivalent (FTE) staff member should be maintained. Each FTE yields 2,080 personnel hours per year. The FTE total includes staff time for all proposed positions. Adjustments may be made for agencies having unavoidable time lost due to staff traveling between clinic sites; for agencies performing certifications in hospitals or homeless shelters; or for agencies whose personnel policies provide paid leaves of absence for maternity or sick leaves.

The local agency's staffing profile should include the following positions and percentage of total staff hour:

Positions % of Total Staff Hours

WIC Coordinator 10% Competent Professional Authority (CPA) 70% Clinic Assistant 20%

WIC Coordinator:

The WIC Coordinator is responsible for managing all aspects of the local WIC program. This position oversees health professionals (CPAs) and other clinic staff, communicates with local agency administration and the Indiana WIC Program staff, manages the budget, resolves clinic concerns, reviews clinic data, and may also function as a CPA. The WIC Coordinator position must be staffed equal to the number of days the clinic is open. The Coordinator must be present in the clinics during all scheduled hours up to the limit of the local agency's full time employees. When the Coordinator is scheduled out of the office, another staff person should be designated as the contact person for each clinic site. Please see Appendix A for a sample job description (include in other sections).

CPA:

The CPA is responsible for determining nutrition and medical eligibility of WIC applicants through a nutrition and health assessment. This certification process includes anthropometric and hematologic measurements, completion of a computer application, creation of a food package, nutrition education and counseling, making referrals, and written documentation of the certification and nutrition process. A CPA must be present during all clinic hours. If the CPA is

scheduled out of the office, it is the responsibility of the local agency to make arrangements to have the clinic covered with another CPA from the agency.

Clinic Assistant:

The Clinic Assistant is responsible for scheduling individuals for clinic appointments and assisting with the eligibility intake of applicants. The eligibility determination includes screening applicant's identification, residency, and income, and documenting the information in the computer system. Check issuance and security, explaining program benefits, and maintaining clinic records are additional job responsibilities. If the CPA is out of the office due to an unscheduled event, then the clinic assistant should remain in the clinic to reschedule appointments, answer the telephone, and distribute checks.

Clinic staff are not state employees. The Indiana WIC Program establishes the minimum qualifications, and local agencies hire WIC clinic staff. The local agencies must establish minimum qualifications and job descriptions for WIC clinic staff. The WIC clinic staff must follow the policies and procedures of the local agency and the Indiana WIC Program. Please see attached Appendix A with WIC clinic staff job descriptions.

IV. Services Provided by the Local Agency WIC Program

The local agency provides WIC services to potential applicants and participants. This includes determining eligibility for certifications and recertifications, issuing checks, providing second nutrition education contacts, and performing medical data updates for infants.

Certification and Recertification

Certification is defined as the process whereby an individual is determined to be eligible to participate in the WIC Program. The length of time that a participant is potentially eligible for the WIC Program depends on the participant's category. A prenatal woman is categorically eligible and may apply until delivery. A breastfeeding woman is categorically eligible for the WIC Program up to one year after delivery while a nonbreastfeeding postpartum woman is categorically eligible up to six months after delivery. An infant is categorically eligible to apply for the WIC Program up to one year of age after which he/she may qualify as a child and be categorically eligible until the fifth birthday. Even though an individual may be categorically eligible, a certification must occur to determine eligibility for residency, income, and medical/nutritional risk.

A Certification involves a person initially making an appointment with the local clinic. At the appointment, the applicant or parent/guardian would:

- Provide documentation of identity, residency, and income.
- Supply information required by the MIS.
- Sign the WIC Signature Page for Certification to give consent for services, acknowledge participant rights and responsibilities, and accept the terms of the program under the statement of agreement.
- Have a height, weight, and if required, a hemoglobin value obtained.
- Have a nutritional/medical assessment for nutritional risk determination.

- Receive appropriate referrals to health and social service agencies.
- Receive nutrition education and counseling.
- If eligible, receive checks for prescribed foods, an I.D. folder, and education on how to use the checks.
- Obtain another appointment for a second nutrition contact in conjunction with check issuance.

Recertification occurs when a participant reapplies for the WIC Program at the end of a current certification period. This is also called a subsequent certification. A clinic appointment for the recertification is scheduled for the participant, and the same procedures are followed as during a certification appointment.

Once certified for the WIC Program, there are specific timelines when recertification would occur, and a participant must reapply and be reassessed for eligibility. A prenatal woman must be recertified as a breastfeeding or non-breastfeeding postpartum woman once she delivers or her pregnancy ends. Breastfeeding women who discontinue breastfeeding may continue as a non-breastfeeding postpartum woman until they are categorically ineligible for the program at six months postpartum. An infant who was initially certified before six months of age must be recertified as a child after his/her first birthday. An infant who was initially certified on or after six months of age must be recertified as a child six months after his/her previous certification.

Check Issuance

If an applicant is found eligible for WIC services, check issuance will occur. Checks are preferably issued for each household for three months at a time. Bi-monthly check issuance may occur to coordinate household check pick-up frequencies. There are specific health, nutrition, and programmatic reasons for issuing checks monthly. An explanation of how to use the checks will occur at least during the participant's initial certification. It is very important that the participant receive education regarding how to use the WIC checks at approved retail stores and the types of food to be purchased with the checks.

Second Nutrition Education Contacts

Based on federal regulations, second nutrition education contacts are required to be scheduled during each certification period. The nutrition education may consist of individual counseling from a health professional for participants having significant medical/nutritional needs. Other participants may benefit from a group setting in which several participants may be present to obtain the information. Second nutrition contacts provide an opportunity for further nutrition education to occur and for follow-up regarding previous counseling suggestions. A second nutrition contact is also a time when breastfeeding education and support may occur.

Medical Data Updates

A medical data update (MDU) is required for infants who are initially certified at less than 6 months of age. Anthropometric measurements are completed between 6 to 11 months of age and the hemoglobin measurement is tested at or after 9 months and before 12 months of age. The MDU involves having the parent/guardian:

- Provide information needed by the MIS.
- Consent to the infant being measured for a height, weight, and if the infant is at least nine months of age, a hemoglobin value.

- Answer questions asked by the Competent Professional Authority (CPA) to assess for additional nutritional/medical risk factors.
- Receive nutrition education and counseling.
- Receive appropriate referrals.
- Receive checks.
- Obtain another appointment for a nutrition education contact, check issuance or a recertification appointment.

Customer Service

All WIC staff should provide good customer service. Enhanced people and communication skills need to be an essential part of the WIC staff. Good customer service may prevent potential clinic issues such as complaints. The first area where impressions about the WIC Program can occur is by telephone. Procedures should be established for staff to follow when taking telephone calls. The procedures should include promptly answering the phone when it rings. There must be a system for participants to contact or leave a message for the WIC staff.

The clinic should be kept clean and organized. Nutrition and health information should be attractively displayed. There should be adequate furniture to accommodate the expected number of individuals in the clinic. Literature or written handouts will be provided by the WIC clinic. Staff must not be socializing with each other in front of participants. And, participants and other customers must be served as they enter the office and should be informed of waiting times when the office is running behind schedule. A systematic process must be used so that everyone is appropriately served. Clinics should survey participants to determine how customer service skills and procedures may be improved or enhanced.

WIC Clinics

WIC services are routinely provided at a WIC clinic located in a major town or city within each county in which the local agency has been approved to provide services. Some local agencies also provide services at other locations (i.e., homeless shelters, hospitals) within the approved service area. It must be cost effective to maintain locations outside of the WIC clinic. Current local agencies may not be willing to surrender WIC clinic locations for Respondents to use.

An important element of the WIC Program is the building where participants are seen. Some WIC clinics are located in an independent building and others occupy a section of a building in conjunction with other services provided by the local agency. The size and room configuration of the WIC clinic depends on the number of people being served, the number of staff positions, the flow of participants through the clinic, and the need for confidentiality. There are several requirements regarding WIC services that affect the clinic configuration:

- The building must be smoke and drug free.
- Confidentiality must be maintained for all participants. This includes privacy for income screening, obtaining measurements, and health and nutrition assessment.
- The building must be physically accessible to all individuals, including persons with disabilities.
- Housekeeping must be adequate to maintain sanitation and prevent insect infestation.

• Safety and security is needed for staff and participants. This includes the clinic and equipment.

Physical accessibility of the clinic site location is very important. Clinic site locations must meet the standards of the Americans with Disabilities Act (ADA). This requires reasonable accommodation to individuals with physical impairments and disabilities. Public buildings must have entrances, rooms, restrooms, and hallways that are accessible to persons in wheelchairs. Clinic accessibility is affected by adequate parking space close to the clinic. Parking must be available so children will not be endangered by street traffic while going to or leaving the clinic.

If the clinic site is not accessible to all individuals, including persons with disabilities, a plan must be in place for serving these individuals. A sign must be posted on the outside of the building indicating where individuals needing a handicap accessible facility can be served.

There is always a safety concern for young children in the clinic. Electrical outlets should be covered with safety covers and access to stairwells, electrical boxes, or electrical rooms must be restricted. Large glass fixtures or windows may also cause concern.

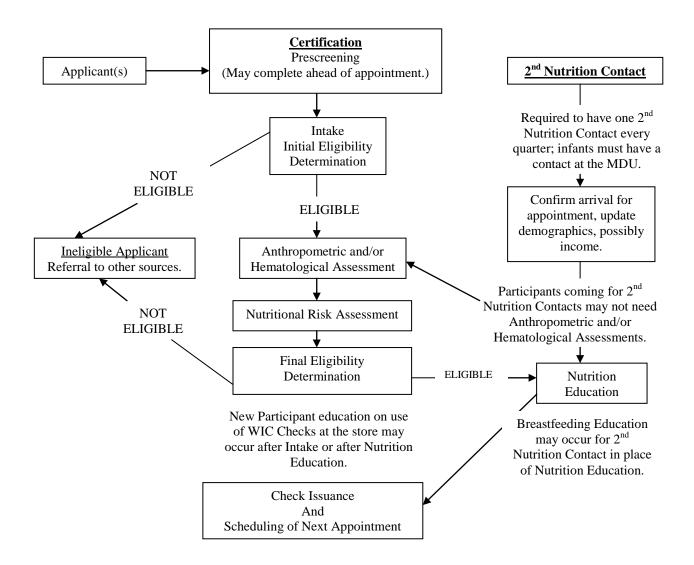
The general areas needed by the WIC Program include a receptionist area, waiting room, area to screen income, a room to obtain measurements and hemoglobin, health/nutrition assessment/counseling area, nutrition education class area, and an area for check issuance. There are additional areas needed in the clinic including restroom facilities for staff, participants, and other visitors. A supply room is useful to store forms, a copy machine, breastfeeding pumps, and other supplies. It is difficult to provide classes in the waiting room because of constant interruptions. Another room for nutrition education classes or staff in-services and meetings would be well utilized. A room for breastfeeding privacy and counseling is suggested. WIC agencies may also have a break room for staff.

Computer equipment will be placed in areas where staff schedule appointments, obtain intake information (including income screening), assess health and nutrition status, and issue checks. The receptionist/check issuance area should be large enough to hold desks; chairs; and file cabinets for files, records, and other forms required by the Indiana WIC Program.

The equipment for obtaining measurements and hemoglobins should be located in, or close to, the room used to screen health and nutrition information. Measurements must be performed in an area providing privacy and confidentiality. For good infection control, it is important that a sink with hot and cold running water be close to where the hemoglobin measurements are obtained so hands can be appropriately washed. The number of rooms for health and nutrition screening will depend on the number of participants receiving services from the WIC clinic and the number of WIC clinic health professionals.

Clinic Flow

Another major determinant of space need is clinic flow. Clinic flow may vary from clinic to clinic; the following graph may provide some clarity.



Applicants may be prescreened for name, address, and category over the phone prior to the appointment to decrease the amount of time needed in the clinic for intake. Applicants should inform staff of their arrival and what services they are to receive. If it is a certification or recertification appointment, the applicants are screened in a private area by the WIC clinic staff for identification, residency, and then for income. This may be a part of the receptionist area, but the screening must not take place in the same room where participants are asked to wait. In general, prescreening and intake procedures are completed by a Clerical/Clinic Assistant.

The nutrition risk assessment must be completed by a CPA in the CPA's office. Once the CPA identifies nutritional risk and eligibility is confirmed, the CPA proceeds with the nutrition education component of the appointment.

The CPA is responsible for discussing and making adjustments to the food package including tailoring formula amounts for infants and food package amounts for mothers based on their level of breastfeeding. Once the food package is set, either the CPA or the Clinic Assistant will issue the WIC checks, household identification (ID) folder, and WIC approved food list called a food card. Check issuance and an explanation of how to use the checks may occur either in the

receptionist area or in the CPA's office. WIC checks are printed through utilization of the MIS. The next appointment can be scheduled using the MIS by either the Clinic Assistant or CPA. Participants usually end their certification process in the intake area where the process was initiated. This is usually staffed by the Clinic Assistant.

When participants arrive for a scheduled second nutrition education contact and/or check issuance, they will inform the staff of their arrival and the reason for being present. Participants will receive the second nutrition contact by appropriate WIC staff in a classroom or a CPA office. WIC checks will be issued, if appropriate, after the nutrition education contact is completed and the next appointment scheduled.

Hours of Operation

Clinic hours are determined by the number of participants receiving WIC services and needs of participants. Clinic hours of operation must allow for access to services by working applicants and participants, individuals living in rural areas, and other applicant needs specific to the area such as serving migrant populations. Clinic hours must be as consistent as possible to avoid confusion for applicants and participants. For example, if a clinic is open on Monday, then each Monday should have the same clinic hours; if a clinic is open only four days a month, then it should be the same four days each month (i.e., 1st, 2nd, 3rd, and 4th Thursday).

Clinic hours of operation include the requirement of providing evening hours for one or more days each week the clinic remains open to accommodate working applicants and participants. On days where evening hours are available, the opening time of the clinic should be adjusted, not just increased, to accommodate for the later hours. For example, if a clinic normally operates from 8:00 a.m. to 5:00 p.m. the hours of operation could be adjusted to 10:00 a.m. to 7:00 p.m.

Lunch breaks must be staggered to allow services to be available through normal lunch hours for participants who find it easier to do business on their lunch hour. A clinic staffed by less than three persons who each receive a one-hour lunch break (i.e. one clerical staff and one CPA staff) may find that staggered lunch is less productive, in terms of scheduling, than closing the clinic for the hour. The Indiana WIC Program can provide guidance on the best method of scheduling. The local agency may also have insight.

When clinics occupy space used by other organizations and require set-up and tear-down, this time is not included in the clinic hours. Staff scheduling to accommodate this process will need to be adjusted so that the open and close times of the clinic reflect available hours for appointments.

Clinic hours of operation are determined by the local agency's assigned caseload and apply to either the only clinic within a single-clinic agency or the largest caseload clinic within a multiclinic agency. (Caseload is defined as the number of participants that receive at least one WIC check each month.) The Indiana WIC Program Policy Manual includes a policy on clinic hours with guidelines as follows:

WIC agencies that have a caseload of less than or equal to 1,500 should be open a
minimum of three days a week for a total of 24 hours each week. These clinic sites
should not be closed for more than two consecutive days including weekends, since

- Monday and Friday are the busiest for the WIC Program. Clinic hours for one of the days should have extended hours to at least 7 p.m.
- WIC agencies that have a caseload of 1,501-3,000 must be open a minimum of five days a week. Clinics may choose to be open one day a week with extended hours to at least 7 p.m.; or one Saturday a week for at least four hours.
- WIC agencies that have a caseload of greater than or equal to 3,001 must be open a minimum of five days a week. Clinics may choose to be open two days a week with extended hours to 7 p.m.; or one day a week with extended hours to at least 7 p.m. and one Saturday a week for at least four hours (e.g. 10 a.m. to 2 p.m.).

Clinic hours must be posted in a location that is visible from the exterior of the building. Scheduled clinic days cannot be closed without prior approval by the Indiana WIC Program. There must be a plan for how clinic services will be met during the proposed closed period.

The Clinic Hours and Staffing Pattern form and instructions used during the WIC clinic's biennial management review serves as a useful tool for agencies to communicate the current or proposed clinic hours and staffing patterns. Appendix B includes the form and instructions. All changes made to the clinic hours and staffing pattern must be submitted in writing to the state Indiana WIC Program office for approval prior to implementing the changes.

Appointment Scheduling

In general, clients should be seen for certifications 15 minutes after the clinic is opened and no more than one hour before the clinic closes. Check issuance can occur up to the time the clinic closes.

Appointments should be evenly distributed over the hours of clinic operation. The spacing of appointments will depend upon the duties of the staff and the number of staff available. Many clinics have a particular pattern for scheduling certification appointments. There is an Indiana WIC Program policy regarding how individuals should receive appointments. New special nutrition risk applicants (pregnant women, infants, and migrants) must be given an appointment within ten calendar days of their request for WIC services. Appointment slots must be designated for these individuals within the clinic calendar. Any unfilled high priority appointments still remaining a day or two before the scheduled clinic date should be offered to other individuals. New applicants who are not designated as special nutrition risk must be given a certification appointment within twenty calendar days of their requests.

Participant Appointment Reminders

Participants may forget about appointments that are scheduled in advance. This causes down time in the clinics and appointment congestion when participants are rescheduled. Local agencies must attempt to remind participants of appointments for certifications, nutrition contacts, and check pick-up. This may prevent rescheduling issues from frequently occurring. Self-addressed postcards or telephone calls can be used to remind participants approximately one week prior to an appointment. It may also be appropriate to use texting as a method of appointment reminder if approval is received from the Indiana WIC Program.

Equipment

The WIC clinic staff needs standard office equipment to appropriately function within the WIC clinic. The local agency is responsible for providing the following, which can be purchased through WIC funding:

- Adequate number of chairs for the waiting room.
- Desks and chairs for staff.
- Filing cabinets and storage cabinets with locks.
- Equipment for obtaining measurements and hemoglobin data.*
- Telephone
- Document printer
- Copier.
- Fax machine.

Computers, printers, and other specified equipment noted in Appendix E are required to appropriately provide WIC clinic services. This equipment, software, and maintenance is provided through an ISDH contract and include the following:

- Desktop computers w/ mouse and keypad
- Computer monitors
- Laptop computers
- Check Printer
- Switch/Hub
- Epad

A complete list of equipment, technical specifications, recommended quantities, and funding options can be found in Appendix E.

*The measurement equipment includes:

- Pediatric and adult scales to obtain a weight measurement for applicants and participants.
- Recumbent board for obtaining length measurements for infants/young children.
- Non-stretchable measuring tape and Handi-Stat, or a wall measuring board/foot piece, for older children/adults.

All adult and pediatric scales must be inspected annually by state, city, or county inspectors. A list of Weights and Measures Inspectors is listed on the Indiana State Department of Health Web site at http://www.in.gov/isdh/25082.htm. This procedure assists with accurate weight measurements. Documentation of the inspection must be available. This may consist of a sticker placed on each scale indicating the month and year of inspection or a written report. If the inspector indicates repairs are needed, then repairs should be made, and a copy of the repair receipt filed.

If a measuring board is mounted to the wall for height measurements, a footboard of equal width must be mounted to ensure accurate measurements. Baseboards or moldings must be removed to allow the heels to touch the wall if a measuring tape is mounted directly on the wall. Additional

procedures for weighing and measuring participants are found in the Certification Chapter of the Indiana WIC Program Policy and Procedure Manual.

Hemoglobin value is the most commonly used test to screen for iron deficiency anemia. In Indiana, a HemoCue machine and accompanying Microcuvettes are used to measure the hemoglobin level. The measurement is obtained by utilizing the following supplies:

- Alcohol.
- Sterile gauze squares.
- Self-retracting lancets.
- Adhesive bandages.
- Paper towels.
- Disposable non-sterile medical gloves.
- Heavy weight trash bags.
- Disinfectant products.
- Sharps container.
- Protective and imperviously-backed surface covering material.

Procedures for obtaining a hemoglobin value can be found in the Certification Chapter of the Indiana WIC Program Policy and Procedure Manual. The local agency is responsible for providing training to employees for correct procedures to obtain a hemoglobin value and for using the HemoCue machine. The training should include the video provided by the Quest Diagnostics Company.

CLIA Waiver

In order to perform participant hemoglobin testing, the WIC clinic must be in compliance with laboratory testing according to Clinical Laboratory Improvement Amendment (CLIA) standards and must submit to CLIA review upon request. To ensure optimal operation of testing equipment, and accurate and reliable test results, temperature and cleaning/disinfectant logs must be maintained in each testing area. Procedures for maintaining temperature and cleaning/disinfectant logs can be found in the Management Chapter of the Indiana WIC Program Policy and Procedure Manual.

Infection Prevention/Universal Precautions

The amount of blood required by the HemoCue machine to measure the hemoglobin level is small, but it is still an invasive procedure. It is the responsibility of all health care workers to protect themselves and others from exposure to blood and other potentially infectious materials that could result in the transmission of blood borne pathogens that could lead to disease or death. All WIC staff responsible for obtaining the hemoglobin measurement must follow infection control procedures and universal precautions. All WIC staff performing blood work must have the responsibility listed in their job descriptions. The local agency must be able to prove that WIC staff performing hemoglobin screening are covered under current liability insurance.

The Infection Prevention and Universal Precaution Policy in the Management Chapter, and the Hematological Assessment Policy in the Certification Chapter of the Indiana WIC Program

Policy and Procedure Manual outlines specific procedures for infection control, universal precautions, and disposal of supplies. The policies state that the following:

- Staff must wear disposable medical gloves, use a new pair for each individual client, and wash their hands with soap and water between each participant and after contact with body fluid. If running water is not immediately accessible, anti-microbial products are an effective alternative if used according to manufacturer's recommendations.
- Paper scale liners must be used on diaper changing tables, the infant scale, infant recumbent board, and adult scale if the individual being weighed is barefoot. Paper liners must be changed between clients.
- Surfaces subject to contamination must be disinfected after being contaminated by blood or other potentially infectious materials. Cleaning of the work area must be done at the end of every workday. Disinfectant products must be a hospital grade, tuberculocidal product, registered with the EPA, and have a registration number. The product must be used according to package directions. Diluted bleach solution (one part bleach to nine parts water) is an efficient and cost effective method of cleaning desktops, tables, etc. It must be less than 24 hours old to prevent loss of effectiveness over time. Cleaning products must be kept in a safe area, away from children.
- Sharps containers must be used for disposal of used lancets and Microcuvettes and kept in a safe area away from children. The containers must be disposed of when they are three-fourths full following specific procedures.
- Normal trash containers can be used to dispose of soiled waste including gloves, alcohol swabs, gauze, cotton balls, bandages, and other materials containing blood.

The Hepatitis B vaccine and vaccination series must be made available by the local agency to all employees who have occupational exposure to blood and other potentially infectious materials. Employees must sign a waiver form if they choose not to be vaccinated. The local agency employees may later choose to receive the vaccine at no cost to them.

The sponsoring agencies are responsible for annually providing universal precautions training to all employees who have duties that require direct contact with blood or other potentially infectious materials. This training must be provided prior to the employee performing these job duties. Documentation of the employee's in-service attendance must be maintained in the Inservice Education Log. Training, at a minimum, should include a general discussion on blood borne diseases and their transmission, and proper infection prevention and universal precautions based on the Management Chapter of the Indiana WIC Program Policy and Procedure Manual.

Local agencies must develop a written personnel policy that requires all employees that have direct contact with blood or body fluids to use universal precautions. The policy must outline sanctions, including discipline and dismissal for failure to use universal precautions. Any sanctions imposed must be documented in the employees' personnel files.

Records and Files

All participant information is entered into the MIS. There are eight paper files that each local agency must maintain:

1. Daily File

This will contain the WIC Signature Page; Sanctions Due to Program Violations (Letter B); No Proof Form (Letter C); and Legal Guardian, Foster Parent, Caretaker, Emancipated Minor Form (Letter D) for all participants seen that day. Organization of the Daily File is up to each local agency based on the size of the agency, but it is best organized consistently within the agency.

2. Prescription File

This will contain all prescriptions for special formulas and medical foods. Organization of the Prescription File is up to each local agency, but it must be organized so that prescriptions may be easily found; i.e., alphabetical/chronological; monthly/quarterly/yearly depending on size of clinic.

3. Ineligible/Termination File

This will contain all ineligible and termination paperwork which includes the Letter A and signature page for each applicant found ineligible and each participant that is terminated. This is a yearly file.

4. Lost/Stolen Check Replacement File

This will contain all Lost, Stolen, or Destroyed Check Replacement forms (Letter E). Letter E is completed if a participant has lost or stolen checks that are being replaced. This is a yearly file.

5. Participant Complaint File

This will contain all civil rights and non-civil rights complaints with any follow-up or resolution to the complaints including fair hearing notices and outcome.

6. Release of Information File

This file will contain copies of the signed WIC Release of Information Form, or the approved local agency multipurpose release form, used by the clinic to release participant information to outside agencies or providers.

7. Subpoena, Search Warrant, Court Order File

This file will contain copies of any Subpoenas, Search Warrants, or Court Orders received by the local agency for the release of participant information, or the request for staff appearance in court.

8. Voter Registration Transmittal and Receipt File

This file will contain copies of the Indiana Voter Registration Material Transmittal Form (VRG-9) with the corresponding certified mail receipt or the County Voter Registration Office.

The procedures for using the various forms may be found in the Certification Chapter of the Indiana WIC Program Policy and Procedure Manual. Forms are generated by the MIS or are duplicated by local agency staff from masters that are provided by the Indiana WIC Program. There must be an adequate area to store the forms at the local agency clinic.

Records Retention

There are specific records that must be kept for a specified length of time according to CFR Part 246.25 Food and Nutrition Service, USDA Federal Regulations. Records that must be retained for three years beyond the closeout of the federal fiscal year include, but are not limited to:

- Daily file.
- Terminated/Inactive Participant files.
- Ineligible applicant files.
- In-service Education Attendance records.
- Food instrument issuance records.
- Food instrument inventory records.
- Vendor records.
- Civil rights and fair hearing records.
- Subpoenas, search warrants, and court orders.
- Participant complaint file.

Before any Program records may be destroyed by the local agency, written approval from the Indiana WIC Program is needed. Local agency requests must be made using the Request for Disposition of Records Form.

Besides the Federal Regulations, State law requires all participant medical records to be retained for seven years past termination. The Prescription File and the WIC paper charts prior to October 1, 2007, are considered "health records" because they may contain information that includes a diagnosis, treatment, or progress note. Charts of infants and children must be retained seven years past the year of their fifth birthday. "Terminated" is defined as the date that the woman was last eligible for the WIC Program in the category for which she was a participant. It would be one year from the delivery date for a breastfeeding woman, six months beyond the delivery date for a postpartum non-breastfeeding woman, and six weeks beyond the Expected Date of Confinement (EDC) date for a prenatal. The policy on clinic records found in the Management Chapter of the Indiana WIC Program Policy and Procedure Manual includes a chart to assist in determining purge dates so that the correct "paper" charts are selected to be destroyed. Adequate storage areas are needed to maintain these files until they qualify as records that may be destroyed.

Participant Fraud, Abuse, and Sanctions

Sometimes participants may abuse WIC Program benefits that require a sanction to occur. The type and frequency of abuse determines the sanction issued. The Indiana WIC Program Policy and Procedures Manual contains a list of possible abusive actions, the frequency of the offense, the corresponding sanction, and the duration of the sanction. Examples of program abuse includes cashing checks before the "first day to use", no signature on redeemed checks,

purchasing non-WIC approved items, etc. The Coordinator must make sure there is adequate evidence documented to sanction participants. Sanctions Due to Program Violations (Letter B) is used to sanction participants. If a tailored Letter B is used, it must be written very objectively and contain a description of the abuse that occurred, the sanction being imposed, the date that any suspension is to be effective, the length of the suspension, the date the participant may return to the clinic to request services, the procedures to request a fair hearing, and the non-discrimination statement. With approval from the State WIC office, a Coordinator may waive the sanction if the sanction would impose a serious health risk to the participant.

Right of Appeal/Discrimination Complaint

WIC applicants or participants have the right to appeal a decision regarding their eligibility, suspension, or termination of benefits, or repayment of the value of food benefits. Applicants or participants have 60 days from the date the local agency mails or provides the written notification of WIC Program denial or termination of benefits to request a hearing. If there is an appeal, there is a process with designated timelines for the local agency staff to follow in the Management Chapter of the Indiana WIC Program Policy and Procedure Manual. It involves up to three levels of review if the applicants or participants are not satisfied with the decisions they receive. The first review involves a fair hearing officer at the local agency level. After a decision is reached, reconsideration can be requested by the applicant/participant to the State WIC Director. A judicial review is the third level of appeal.

Any applicants or participants who feel they have been discriminated against because of race, color, national origin, sex, age, or disability may file a civil rights complaint within 180 days of the alleged discriminatory action. USDA may extend the time limit due to special circumstances. A copy of all discrimination complaints must be sent to the USDA, Office of Adjudication and Compliance, and maintained on file at the local agency. If the basis of the discrimination complaint is because of religion, the applicant/participant may file a complaint, which is directly sent to: Indiana Civil Rights Commission, Indiana Government Center-N103, 100 North Senate Avenue, Indianapolis, IN 46204. The agency must maintain a paper copy of all occurrences.

It is the responsibility of the local WIC clinic to ensure that discrimination does not occur. This is done through training of staff, providing outreach activities to reach minorities, collecting racial/ethnic group data, and appropriately processing civil rights complaints. Civil Rights training must be provided annually to local agency WIC clinic staff. New local agency staff Civil Rights training occurs during the Indiana WIC Program Clinic Services training. The Indiana WIC Program provides annually updated Civil Rights training materials for clinic staff. It is required that the nondiscrimination statement be incorporated into all materials and sources, including Web sites that inform applicants, participants, and potentially eligible persons about the WIC program. A "Justice for All" poster must be placed in a prominent location within the clinic, such as the waiting room. The local agency must include activities in the annual publicity and outreach plan that encourages minorities to participate in the WIC Program. Programs that serve a large number of non-English speaking participants should ensure translation resources are available.

The Indiana WIC Program reimburses local agencies for non-English speaking translation resources and for communication needs for the deaf. Reasonable effort should be made to accommodate the communication needs of people who are blind and deaf.

Confidentiality

Local WIC agencies must limit the disclosure of information obtained from participants and applicants. There are specific persons designated by Food and Nutrition Service, USDA Federal Regulations, 7 CFR Part 246.26 (g), that may have access to WIC records. They include:

- The Department (USDA) and the Comptroller General of the United States.
- The chief State health officer must designate in writing the permitted non-WIC uses of the information and the names of the organizations to which such information may be disclosed.

All local agency employees, contracted persons and volunteers must sign an Indiana WIC Program Staff Confidentiality Statement.

Memorandums of Understanding

There are specific state agencies that have a written Memorandum of Understanding (MOU) with ISDH to allow the release of WIC participant information. The agreements allow participant information to be used by the receiving agency to conduct outreach and establish eligibility in health or assistance programs. This allows WIC clinics the opportunity to provide limited participant information only for the purpose of establishing program eligibility or outreach. The participant must sign the consent for services line on the Indiana WIC Signature Page allowing the information to be released. The information cannot be provided to a third party by the agency entering into the MOU; nor can the agency release information to the Indiana WIC Program, local agency, or WIC clinics. Any information released about a WIC participant to agencies not covered by an MOU must be done using a Release of Information form that is signed by the participant.

Reporting of suspected child abuse or neglect

Federal WIC Regulations allow state law to be followed regarding the reporting of suspected child abuse or neglect. Any reporting should be handled through the local agency's legal counsel or agency director. According to Indiana code, IC 31-33-5 Duty to report; IC 31-9-2-14 Child abuse or neglect; IC 31-34-1 Circumstances under which a child is a Child in Need of Services, any reporting of known or suspected child abuse or neglect should be directed to the local Child Services office. The criteria for reporting can be found in the Management Chapter of the Indiana WIC Program Policy and Procedure Manual.

Subpoenas, Search Warrants, and Court Orders

The WIC clinic may release information regarding participants upon receipt of a subpoena, search warrant, or court order following procedures found in the Management Chapter of the Indiana WIC Policy and Procedure Manual. Upon receipt of a subpoena, the WIC clinic is required to notify the Indiana WIC Program. If the Indiana WIC Program determines that the information is confidential and prohibited from being used or disclosed, the local agency will be advised to attempt to quash the subpoena through the local agency's legal counsel. If the Indiana WIC Program determines that disclosing the confidential information is in the best

interest of the program, the local agency will be instructed to comply with the subpoena through the local agency's legal counsel following procedures found in the Management Chapter of the Indiana WIC Program Policy and Procedure Manual. Upon receipt of a search warrant or court order, the local agency must notify the Indiana WIC Program and follow procedures found in the Management Chapter.

Immigration and Naturalization Service

Participant information should not be released to Immigration and Naturalization (INS) staff.

Health Information Portability and Accountability Act

The WIC Program is not covered under the Health Information Portability and Accountability Act (HIPAA). The Indiana WIC Program, local agencies, and WIC clinics are required to comply with the regulations of the USDA, including those focused on the protection of WIC applicant and participant confidentiality. Once applicant or participant information is included in WIC files, WIC confidentiality protections are attached to the information. It is possible that WIC confidentiality protections are more stringent than HIPAA requirements and thus further protect applicant and participant information. Local agencies affected by HIPAA regulations may want to consider evaluating whether or not to declare the agency "hybrid entities" to allow compliance for HIPAA covered entities while the WIC program would remain a non-covered entity and would continue to follow WIC confidentiality requirements.

Annual Plans

There are plans and policies that need to be maintained by the Coordinator. The WIC staff may assist with carrying out some of the plans, which include:

Breastfeeding Promotion Plan

This is part of the local agency's Estimated Annual Expenditure Report. The designated plan must be overseen and appropriately carried out by designated WIC clinic staff. The funds must be used to have WIC clinic staff perform breastfeeding promotion and support.

Community Promotion Plan

The Coordinator must develop an annual Publicity and Outreach Plan and record ongoing promotional activities. The plan must include targeting high priority participants and special populations that would greatly benefit from WIC services. As the activities are completed, the date and name of the staff person completing the activity must be entered on the Plan. As a component of the Publicity and Outreach Plan, a current directory of local referral agencies must be available for staff to use.

In-service Education Plan for local WIC clinic staff

The Coordinator must include annual Civil Rights training and Universal Precaution Procedures training in the plan. Continuing education, staff meetings, and policy updates should also be included in the plan. WIC staff may initiate suggestions for in-services. An In-service Attendance Roster is required to list the date of the in-service, the topics that were addressed, and the staff in attendance.

Nutrition Education Plan

Federal Regulations require each state to have a Nutrition Education Plan. The plan is a part of state and local program planning. It consists of a local clinic action plan for providing nutrition education in the clinic, an overall goal, outcome objectives for focus areas, an action plan for each objective, and an evaluation for tracking each objective. The Local Clinic Nutrition Education Action Plan describes local agency special initiatives for the new fiscal year and the scope of nutrition education activities provided by local agencies. The clinics record their Nutrition Education Plan results on SharePoint. Each WIC clinic documents nutrition contacts in the MIS tracking data. The Coordinator ensures that clinic staff document the correct information into the MIS.

Annual Documents

There are several documents that need to be updated by the Coordinator. These include:

Physician's Agreements

The agreements are needed for participants who do not have a physician. One of the requirements for establishing a WIC Program is that the agency has a linkage with health services for all categories of WIC participants. The local agency must have agreements with physicians and/or clinics that are willing to accept referrals of WIC participants and provide health care services. There must be a sufficient number of agreements signed in order to include referrals for all participant categories and to provide adequate coverage for the area served by the local agency WIC Program. Local agencies that operate their own healthcare clinic where pediatric and/or prenatal care are provided are allowed to opt out of the agreements provided all areas served may be addressed without additional agreements for services. The agreements must be updated annually.

Standing Orders

Standing orders are required to cover procedures that normally fall under the practice of a physician. This would include pricking of fingers/toes for hematological measurements, height and weight measurements, and changing of standard contract infant formulas. The job title of the person performing blood work must be listed in the standing orders. The orders must be signed annually by the Health Officer or the Medical Consultant for the WIC clinic.

Medical Consultant Agreement

The WIC staff may need to utilize a physician for consultation purposes as questions arise. A Medical Consultant Agreement must include the effective date, the physician's name and address, the physician's signature, and appropriate responsibilities. Local health departments that are local agencies can have the health officer as the medical consultant and are not required to maintain a written agreement. Other agencies may have the physician who signs the standing orders or another physician in the community designated as the medical consultant. The agreement must be updated every two years.

Local Agency Policies

The Coordinator may develop additional local agency policies within the guidelines of the Indiana WIC Program Policy and Procedure Manual. The policies must be approved by the Indiana WIC Program and must not duplicate or conflict with any state WIC policy or procedure, federal regulations, or state law. Policies may vary from one WIC clinic to another unless they are sponsored by the same local agency. Clinic policies must be reviewed and updated annually by the WIC Coordinator. The date the policies were reviewed and the name or initials of the Coordinator reviewing the policies must be recorded. The following policies must be written by the Coordinator and implemented in each WIC clinic within the local agency:

- Employee sanctions for noncompliance with Infection Control and Universal Precautions Procedures.
- Inclement Weather policy. What procedures will take place if clinic must be closed due to weather?
- Cost Allocation Plan policy for Shared and/or Indirect Cost.
- Procurement policy.

Performance Appraisals

Performance evaluations are strongly encouraged by the Indiana WIC Program. This process sets goals and expectations and then evaluates an employee's ability to meet job criteria. The WIC Coordinator should follow the local agency policy concerning staff evaluations.

Coordination of Services

It is part of a Coordinator's responsibilities to work with other agencies in the community. The coordination of services helps participants access services in a timely manner with limited duplication of information or effort. The amount of coordination will vary and may include the sharing of authorized information between programs to the sharing of space. Coordination with other local health or community action programs not already covered by an Indiana WIC Program MOU should be written into a local clinic MOU. This information may be found in the Management Chapter of the Indiana WIC Program Policy and Procedure Manual.

Immunization

The Indiana WIC Program continues to work in conjunction with the ISDH Immunization Program to ensure that children in need of immunizations are referred to a provider or clinic.

Motor Voter

The Indiana WIC Program is also considered, under the National Motor Voter law and Indiana Code, to be an agency responsible for offering voter registration. Both activities are explained in the Management Chapter of the Indiana WIC Policy and Procedure Manual.

Homeless Agreements

Some WIC participants may be homeless. They may be living in various places including homeless shelters. The WIC Program must ensure that participants living in a homeless facility have access to WIC foods, nutrition education, and checks.

There is a Homeless Facility Letter and Response Form that should be sent to new or existing homeless facilities that serve potentially WIC eligible individuals. The form should be completed by the homeless shelter administrator and returned to the WIC Coordinator. The form must be updated every two years. The form is located in the Management Chapter of the Indiana WIC Policy and Procedure Manual.

State Staff Support

The Indiana WIC Program staff are available to answer local agency and WIC clinic questions regarding the operation of the WIC Program. State WIC staff are assigned specific WIC areas based on their expertise. The areas include clinic issues, vendors, breastfeeding, nutrition education, Farmer's Market, financial information, and management information system.

Communication from the State

Correspondence from the Indiana WIC Program is received by local agencies and WIC clinics via telephone, fax, face-to-face visits, e-mails, SharePoint, the ISDH Web site, and conference calls. Local agencies and WIC clinics must be capable of receiving all forms of desired communication from the State by providing telephone and fax numbers to the State on the SharePoint site. Each WIC employee should have an assigned email address with the local agency domain to facilitate communication via email. The local agencies and WIC clinics must provide internet access to WIC employees to facilitate communication via SharePoint.

State Provided Training

The Indiana WIC Program staff provides three trainings for new WIC clinic staff. They include:

Clinic Services Training

This training covers the entire certification process, MIS, Civil Rights, and customer service. The information is presented to all staff positions to provide an appreciation of each employee's importance as part of the WIC team. The training is conducted over two days at a site chosen by the Indiana WIC Program staff. On-line training is offered as an alternative to on-site training.

Nutrition Education

This training is for the CPAs and Coordinators. The topics include measurements, hemoglobin value, universal precautions, diet assessment, risk factors, breastfeeding, food prescriptions, counseling, nutrition education classes, and individual nutrition education contacts. The training is conducted over two days at a site chosen by the Indiana WIC Program staff.

Coordinator training

This training focuses on the responsibilities specific to the Coordinator's job. Staff assigned to the Vendor, Nutrition and Clinic Services, and Finance sections of the Indiana WIC Program arranges separate training days to meet one-on-one with new Coordinators at the local agency. A written notice from the Indiana WIC Program Director welcoming the new Coordinator is sent within a few days of their start.

Dates for the sessions are announced through correspondence from the Indiana WIC Program sent to WIC clinics. It is required that new WIC clinic staff attend the appropriate training sessions within the time specified in the Management Chapter of the Indiana State WIC Program Policy and Procedure Manual.

State Policies

The Indiana WIC Program is responsible for establishing policies and procedures that ensure the operation of the WIC clinics complies with federal regulations that govern the WIC Program. These policies are developed at the state level with review and approval by the staff of the Midwest Regional Office for Special Supplemental Nutrition Programs. The Indiana WIC Program Policy and Procedure Manual was updated beginning in 2007 and reflects many of the changes made to the program since that time. Updates include a paperless certification system and new food packages. The Indiana WIC Program posts updates and revisions to the Manual on SharePoint. WIC Coordinators are responsible for providing staff with access to a current Manual, either in hard copy or on-line.

Computer Maintenance

The MIS is utilized for scheduling, participant certifications/recertifications, nutrition education documentation, transfers, medical data updates, check issuance, and reports. The system has various procedures that must be followed to maintain the system.

Check Stock Monitoring

Measures must be taken to monitor the check stock that is used for printing food prescriptions. The MIS tracks the check usage and provides information to the contractor when a delivery of checks is to be sent. The Coordinator, or a designee who does not routinely issue checks, must receive all check stock into inventory. The WIC check stock must be entered into the MIS within five days of receipt. Information must also be recorded in the MIS when check stock is being issued out of inventory to other clinics.

Check stock in inventory must be secured in a locked cabinet at all times. Check stock in use must be stored separately from the checks in inventory and must be secured in a locked cabinet when unattended.

Separation of duties with issuing checks is required under the Food and Nutrition Service, USDA Federal Regulation, 7 CFR 246.4 (a)(25)(iii) to prevent fraud. Three situations are addressed in Separation of Duties, they are as follows:

1. An employee cannot receive check stock and perform check issuance.

- 2. An employee cannot determine eligibility for all certification criteria and issue food checks for the same person.
- 3. An employee cannot certify or issue checks to themselves, relatives, or close friends.

Reports

Data collection provides the basis upon which to evaluate WIC Program services. Because the reports generated from data collection procedures are used for Program evaluation, it is imperative that data entered into the computer system be accurate.

A number of computer reports are provided by the MIS. Several reports are received only by the Indiana WIC Program.

Reports are provided to each local WIC Coordinator for use in Program management. Through these reports the Coordinator can monitor enrollment (the number of individuals who were enrolled at any given time during the report month), participation (the number of persons who have picked up checks for use during the report month), check pick-up distribution, formula issuance, referral rates, and other Program trends or agency efficiency.

Quality Assurance

The Indiana WIC Program Nutrition and Clinic Services staff and Vendor Management staff conduct biennial comprehensive reviews for local agencies. The reviews include an exit interview to review the findings found during the review with the appropriate local agency administrative staff. The local agency will be sent a letter detailing strengths and the current review findings/recommendations. The local agency will have 45 days to respond in writing with actions that have been/will be taken to implement the recommendations. The appropriate consultant will review the local agency response letter and provide a follow-up letter.

Vendors

Participants obtain their prescribed WIC food through a retail food delivery system. This system includes grocery stores and pharmacies. Pharmacies are needed to supply formula not available through food stores. Participants are provided a list of the authorized retail food stores that accept WIC checks after they are certified. The stores must be authorized by the Indiana WIC Program in order to accept WIC checks for reimbursement for the food items purchased. WIC clinics will:

- Establish three-year vendor agreements using the list of locally authorized vendors and a copy of the vendor agreement provided by the Indiana WIC Program.
- Assist vendors when needed with clarification on vendor policies and procedures for redeeming checks.
- Provide warning letters or other communications to vendors as directed by the Indiana WIC Program in order to maintain program accountability and integrity,
- Maintain and provide documentation on vendor activities for State review such as vendor agreements, journal reports used to justify approval of checks rejected for excess dollar amount, and letters to vendors.

- Follow state policies for approving checks redeemed by vendors that have been rejected for excess dollar amount.
- Conduct vendor training in March and September using materials provided by the Indiana WIC Program. March training is optional for vendors. September is required for vendors.

Financial

As a prerequisite to receiving WIC funds, a local agency must have a financial management system that ensures the fiscal integrity of the Program. This system must provide for the complete disclosure of the financial status of the WIC Program, including full accounting for all program funds received from the state and documentation supporting costs charged to the program. The documentation must identify costs incurred for nutrition education, breastfeeding, client services, and administration. Detailed records must account for expenditures.

Sponsoring Agencies are responsible for the following reports and submissions:

- Estimated Annual Expenditure Reports and requested revisions throughout the year (Budget Application).
- Monthly financial reports (ACIS).
- Semi-annual Time Studies.
- Annual equipment inventory.
- Bi-annual WIC Program Local Agency Financial Management Review.

Sponsoring agencies will need to adhere to policies and procedures outlined as follows:

- Cost Allocation Plans.
- Staffing Recommendations.
- Allowable and Unallowable Costs as outlined by both State and Federal guidelines.
- Travel guidelines per State of Indiana.
- Relocation of Clinics or Establishment of Clinics.
- Retention of Records.
- Separation of duties.

Appendix A

WIC CLINIC JOB DESCRIPTIONS

Qualified Nutritionist:

All agencies are required to have at least one R.D. or Masters prepared nutritionist either on staff or available through contract to counsel high-risk participants.

General Description:

Responsible for duties specific to high-risk participants and serves as a Competent Professional Authority (CPA). Responsible for developing the local agency Nutrition Education program.

Education and Experience:

Must be one of the following:

- Registered Dietitian (R.D.),
- Registry Eligible Dietitian (R.D.E.),
- Bachelors or Masters degree in
 - o Dietetics:
 - Nutrition or Nutrition Sciences;
 - o Public Health Nutrition or Community Nutrition;
 - o Clinical Nutrition

Experience in maternal and child health or public health setting preferred.

Reports to:

WIC Coordinator

Supervises:

May supervise peers, nurses, clinic assistants, or breastfeeding peer counselors.

Principle Duties and

Responsibilities:

- 1. Complete ADP application, certification procedure and documentation, including height, weight, and hemoglobin.
- 2. Evaluate participant's nutritional status through dietary assessment and consultants and make recommendations in relation to nutritional needs, family income, cultural food patterns, home facilities, and modifications in diet.
- 3. Create and tailor a food prescription using the ADP application that is appropriate to the participant's needs.
- 4. Document assessments, evaluations, counseling, and referrals on the ADP application.
- 5. Provide educational programs for participants in the form of classes or demonstrations and maintain related files, and records.
- 6. Provides all pregnant and breastfeeding women with nutrition education opportunities that promote and support breastfeeding.
- 7. Work cooperatively with other staff and community agencies.
- 8. Participate in in-service education, and staff meetings, and provide nutrition information to staff.
- 9. Attend conferences and meetings needed or required by the position.
- 10. Make hospital or home visits on special case by case basis, (home visits are very rare) as needed.

- 11. May be responsible for the Breastfeeding Promotion Program or the supervision of breastfeeding peer counselors.
- 12. May supervise other staff. Provide individual nutrition counseling for high-risk participants and other participants requiring individual follow-up.
- 13. Evaluate and procure nutrition education materials.
- 14. Make referrals as needed.
- 15. Develop, implement, maintain, and evaluate the agency's Nutrition Education Plan.
- 16. Serve as Nutrition Spokesperson for the agency to the degree delegated by the Coordinator.
- 17. Other duties as assigned by the Coordinator.

Knowledge, Skills, and Abilities:

- Able to work independently
- Flexible during periods of program change
- Communicates well, both orally and in writing
- Able to facilitate discussion with participants
- Practices professionally in a manner consistent with legal and ethical standards including WIC regulations
- Able to perform computer related tasks
- Special literacy and language skills appropriate to address the diversity of the population served by the local agency may be advantageous.

Based on the Qualified Nutritionist Policy 01-09
Based on WIC Nutrition Services Standard 10-01

Clinic Assistant:

General Description:

Responsible for assisting with the application and screening of WIC applicants, issuance of checks, and maintaining records related to clinic activities.

Education/ Experience: High School graduate or equivalent, preferably with a minimum of oneyear clerical experience in a health care setting.

Reports to:

WIC Coordinator or assistant

Principle Duties and

1. Place and answer phone calls related to clinic business in a professional manner.

Responsibilities

- 2. Place calls or complete mailings to participants reminding them of upcoming appointments.
- 3. Prescreen applicants as required.
- 4. Schedule appointments using the ADP scheduler based on ADP appointment scheduler parameters and instructions from the supervisor.

- 5. At the Certification:
 - a. Screen WIC applicants for eligibility (identity, residency, and status) and document in the ADP.
 - b. Determine income eligibility using the ADP.
 - c. Verify Medicaid using the Medicaid website.
- 6. Assist applicants with the completion of the WIC Signature Page including explanation of the Consent for Services paragraph and the Rights and Responsibilities section. Sign the appropriate line for Staff Determining Income Eligibility.
- 7. Update participant addresses as requested.
- 8. Provide referrals for services to participants as instructed by supervisor.
- 9. Provide written information to participants regarding Medicaid, agencies that provide Drug and Substance Abuse counseling, and other social service agencies as permitted by supervisor.
- 10. Utilize and initiate Letter A for applicants determined to be ineligible.
- 11. Utilize and initiate Letter (CPA) for applicants who are unable to produce proof of income, residence, or identification because of homelessness, theft, disaster, or being a migrant worker.
- 12. Utilize and initiate Letter D for applicants who are accompanied by a legal guardian, a foster parent without proof of custody, a caretaker, or a minor prenatal who is able to sign for their own healthcare. Provide assistance in completing the form.

Principle Duties and

Responsibilities (cont'd):

- 13. Issue checks and maintain related record keeping for check issuance (i.e. Check Registers).
- 14. Complete the WIC ID Folders.
- 15. File appropriate forms in the daily file, ineligible and terminated file, and the prescription file.
- 16. Ensure secure storage of assigned check stock and records.
- 17. Provide instructions on use of checks to participants.
- 18. Perform heights and weights (Optional).
- 19. Other duties as assigned by supervisor.

Knowledge, Skills, and Abilities:

Ability to:

- complete simple math skills
- type and file efficiently
- perform computer related tasks
- utilize good phone etiquette
- communicate orally and in writing
- maintain participant confidentiality
- work cooperatively with staff and participants
- understand and follow all state and local policies and procedures

Competent Professional Authority (CPA)

General Description:

Responsible for development and implementation of individual care plans for low-risk participants, and identifying the need for individual care and follow-up with a Qualified Nutritionist.

Education and Experience:

Must be one of the following:

- Qualified Nutritionist (R.D.); or Registry Eligible Dietitian (R.D.E.); or Bachelors or Masters Degree in Dietetics; Nutrition or Nutrition Sciences; Public Health Nutrition; Community Nutrition or Clinical Nutrition
- Registered Nurse (R.N.), or
- Bachelors in Family and Consumer Sciences (Home Economics) with an emphasis in Nutrition defined <u>as a minimum</u> of 9 hours in nutrition which include:
 - o 3 hours of introductory nutrition;
 - 3 hours of life cycle nutrition or maternal/infant nutrition;
 - o 3 hours in advanced nutrition.

Experience in maternal and child health or public health setting preferred.

Reports to:

WIC Coordinator

Supervises:

May supervise peers, nurses, clinic assistants, or breastfeeding peer counselors.

Principle Duties and

Responsibilities:

- 18. Complete ADP application, certification procedure and documentation, including height, weight, and hemoglobin.
- 19. Evaluate participant's nutritional status through dietary assessment and consultants and make recommendations in relation to nutritional needs, family income, cultural food patterns, home facilities, and modifications in diet.
- 20. Create and tailor a food prescription using the ADP application that is appropriate to the participant's needs.
- 21. Document assessments, evaluations, counseling, and referrals on the ADP application.
- 22. Provide educational programs for participants in the form of classes or demonstrations and maintain related files, and records.
- 23. Provides all pregnant and breastfeeding women with nutrition education opportunities that promote and support breastfeeding.
- 24. Work cooperatively with other staff and community agencies.
- 25. Participate in in-service education, and staff meetings.
- 26. Attend conferences and meetings needed or required by the position.
- 27. Make hospital or home visits on special case by case basis, (home visits are very rare) as needed.
- 28. May be responsible for the Breastfeeding Promotion Program or the supervision of breastfeeding peer counselors.

29. May supervise other staff.

Principle Duties

and

30. Make referrals as needed.

31. Other duties as assigned by the Coordinator.

Responsibilities:

(cont'd)

Knowledge, Skills, and Abilities:

Able to work independently

- Flexible during periods of program change
- Communicates well, both orally and in writing
- Able to facilitate discussion with participants
- Practices professionally in a manner consistent with legal and ethical standards including WIC regulations
- Able to perform computer related tasks
- Special literacy and language skills appropriate to address the diversity of the population served by the local agency may be advantageous.

Based on the Competent Professional Authority (CPA) Policy 01-09 Based on WIC Nutrition Services Standard 10-01

Local Agency Breastfeeding Coordinator

General

Description:

Responsible for the local agency breastfeeding education program and breastfeeding activities. May also function as a Qualified Nutritionist

and/or CPA depending on qualifications.

Education and Experience:

Must be one of the following:

- Registered Nurse (R.N.)
- Bachelors in Family and Consumer Sciences (Home Economics) with an emphasis in Nutrition defined <u>as a minimum</u> of 9 hours in nutrition which include:
 - o 3 hours of introductory nutrition;
 - 3 hours of life cycle nutrition or maternal/infant nutrition;
 - o 3 hours in advanced nutrition.

Or

• Qualified Nutritionist

Must have experience in counseling women about how to successfully breastfeed; and must meet training requirements including:

- Breastfeeding Coordinator Training provided by the Regional Center Coordinator
- Breast Pump Training, 3-Step Counseling Training, and Loving Support Peer Counselor Training.

An International Board Certified Lactation Consultant (IBCLC) is advantageous but not required.

Reports to: WIC Coordinator

Supervises: May supervise breastfeeding peer counselors, if on staff.

Principle Duties and

Responsibilities:

- 32. Responsible for the breastfeeding portion of the Nutrition Education/Breastfeeding Plan.
- 33. Oversees the work of the local agency Peer Counselors.
- 34. Maintains documentation of breastfeeding training at the local agency including:
 - Pump training
 - 3-Step Counseling Training
 - Loving Support Peer Counselor Training
- 35. Ensures the clinic environment follows the Breastfeeding Friendly Checklist.
- 36. Provides all pregnant and breastfeeding women with nutrition education opportunities that promote and support breastfeeding.
- 37. Provides infant feeding education that promotes breastfeeding as the natural way to feed an infant.

Principle Duties and Responsibilities: (cont'd)

- 38. Responsible for increasing the agency breastfeeding rates.
- 39. Maintains an updated referral list of qualified individuals able to answer staff breastfeeding questions.
- 40. Maintains a separate referral list of qualified individuals able to answer participant breastfeeding questions.
- 41. Ensures clients who have loaner pumps are contacted every two weeks to determine if the pump is being used and to offer breastfeeding support.

Knowledge, Skills, and Abilities:

- Special knowledge in the practice of breastfeeding
- Able to work independently
- Flexible during periods of program change
- Communicates well, both orally and in writing
- Able to facilitate discussion with participants
- Practices professionally in a manner consistent with legal and ethical standards including WIC regulations
- Able to perform computer related tasks
- Special literacy and language skills appropriate to address the diversity of the population served by the local agency may be advantageous.

Based on the Local Agency Breastfeeding Policy 01-09

WIC Coordinator

General Description:

Responsible for managing all aspects of the local program.

Education and Experience:

Bachelor's Degree from an accredited college or university in Nursing, Nutrition, Administration, Public Health, or related field required. Previous experience in a maternal and child health or public health nutrition, or medical setting preferred. It is advantageous for the local Coordinator to meet the qualifications of a Competent Professional Authority which includes the following:

- Qualified Nutritionist (R.D.); or Registry Eligible Dietitian (RDE); or Bachelors or Masters Degree in Dietetics; Nutrition or Nutrition Sciences; Public Health Nutrition or Community Nutrition; Clinical Nutrition
- Registered Nurse (R.N.), or
- Bachelors in Family and Consumer Sciences (Home Economics) with an emphasis in Nutrition defined as a minimum of 9 hours in nutrition which include:
 - o 3 hours of introductory nutrition;
 - 3 hours of life cycle nutrition or maternal/infant nutrition;
 - o 3 hours in advanced nutrition.

Reports to: The appropriate local agency director or supervisor

Supervises: All WIC staff

Principle Duties and

Responsibilities:

- 42. Plan, implement, and evaluate the objectives and activities of the WIC Program.
- 43. Establish local agency policies and procedures, and monitor the WIC Program operation for compliance with State and federal regulations and policies.
- 44. Train and supervise all WIC Program staff and monitor staff work periodically.
- 45. Serve as liaison with vendors; review contracts, deal with special problems, and keep vendors updated on the Program requirements as related to food card changes.
- 46. Complete vendor monitoring reports and reconcile rejected checks with the vendor and the State WIC office.
- 47. Responsible for maintaining all required records, plans, and files required for the operation of the WIC Program.
- 48. Serve as System Administrator for the ADP and the SharePoint.
- 49. Participate in community activities to promote good public relations and to increase community awareness of nutritional needs and the services offered by the WIC Program.
- 50. Monitor clinic operations for efficiency and effectiveness.
- 51. Responsible for maintaining contracted caseload.
- 52. Maintain check security, check stock, and related logs.
- 53. Develop and maintain procedure for a referral system.
- 54. Responsible for the planning and preparation of the WIC budget and related reports
- 55. Maintain the equipment inventory

- 56. Prepare reports required by State and local agencies
- 57. Participate in various committees, as invited at the State level
- 58. Provide staff with in-services for continuing education that is pertinent to WIC. Send all staff for training required by the State WIC office
- 59. Performs certification duties including lab tests, measurements of height, weight, and hemoglobin when needed. (Optional)

Knowledge, Skills, and Abilities:

- Strong organizational and interpersonal skills
- Ability to lead in stressful situations and during periods of program change
- Able to remain objective in situations such as applicant dispute over program eligibility or violation
- Knowledge of business administration practices and procedures, basic accounting and data processing systems
- Ability to read and interpret information and prepare reports
- Knowledge of federal, state, and local government operation
- Knowledge of human resource management
- Ability to communicate verbally and in writing with a wide variety of people and groups
- Special literacy and language skills appropriate to address the diversity of the population served by the local agency may be advantageous

Peer Counselor

General Description:

Provides basic breastfeeding information and support to prenatal and postpartum mothers.

Education and Experience:

Must be:

- a current or previous breastfeeding mother;
- able to complete Peer Counselor training prior to assuming job duties;
- available to participants outside of usual clinic hours and clinic environment when appropriate;
- able to make and receive phone calls; and
- willing to sign a confidentiality statement

Reports to:

WIC Coordinator and/or Local Agency Breastfeeding Coordinator or Lactation Consultant

Principle Duties and

60. Makes contacts with mothers as assigned 61. Keeps accurate records of all contacts

Responsibilities:

- 62. Teaches or assists with breastfeeding classes and support groups.
- 63. Attends Peer Counselor meetings and breastfeeding conferences/workshops

- 64. Assists local agency staff in promoting breastfeeding through special projects, such as World Breastfeeding Week
- 65. Makes immediate referrals to the Lactation Consultant or Breastfeeding Coordinator when encountering major or minor breastfeeding problems that are not resolved within 24 hours

Knowledge, Skills, and Abilities:

- Basic knowledge in the practice of breastfeeding
- Overall understanding of the WIC program
- Able to work with periodic supervision
- Communicates well, both orally and in writing
- Able to facilitate discussion with participants
- Able to follow direction
- Able to perform computer related tasks
- Special literacy and language skills appropriate to address the diversity of the population served by the local agency may be advantageous

Based on the Local Agency Breastfeeding Staff Policy 01-09

Appendix B

WIC CLINIC HOURS & STAFFING PATTERN

Clinic Name:	_ Clinic Site <u>#:</u>		Effective Date:			
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Clinic Hours						
First Certification Appointment						
Last Certification Appointment						
Check Issuance Hours						
Clinic Staffing (list the name & title of all employees*, peer counselors, students and volunteers who report to the site)(* indicate new employees hired in the last two years)						

WIC CLINIC HOURS & STAFFING PATTERN (cont'd)

Clinic Name:	Clinic Site #:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Clinic Staffing (list staff names here)						

Instructions for Completing WIC Clinic Hours & Staffing Pattern Form

Please complete a WIC Clinic Staffing Pattern & Clinic Hours Form for each clinic.

1. WIC Clinic Hours*

- Posted Office Hours: Hours the clinic is open to the public are posted and visible to applicants and participants.
- First Certification Appointment: Time of day that the first applicant is asked to arrive at the WIC clinic. This must be within the first 15 minutes of the posted office hours.
- Last Certification Appointment: Time of day that the last applicant is asked to arrive at the WIC clinic. This cannot be more than 1 hour earlier than the posted clinic closing.

2. WIC Clinic Staffing Pattern

Indicate which staff member (including position) that is working in the clinic, their scheduled hours per day, and, if applicable per week.

- List the name and title of all employees, peer counselors, students, and volunteers who report to the site
- List the hours worked for each employee, and if less than full-time, the effective weeks (e.g. 1.2.3.4, or 5)
- List meal breaks for each employee
- For example:

Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jane Doe - Clerk	8:00 a.m 11:30 a.m. 12:30 p.m 5:00p.m.	10:00 a.m1:30 p.m. 2:30 p.m7:00p.m.	8:00 a.m11:30 a.m. 12:30 p.m 5:00p.m.	8:00 a.m11:30 a.m. 12:30 p.m 5:00p.m.	8:00 a.m12:00p.m. 8:00 a.m12:00p.m. (wk. 1,4,5)	8:00 a.m12:00 p.m. 8:00 a.m12:00
Betty Smith – CPA	8:00 a.m 12:30 p.m. 1:30 p.m5:00 p.m. (wk. 1,4,5)	10:00 a.m2:00 p.m. 3:00 p.m7:00 p.m. (wk. 1,4,5)	8:00 a.m12:30 p.m. 1:30 p.m5:00 p.m. (wk. 1,4,5)	8:00 a.m12:30 p.m. 1:30 p.m5:00 p.m. (wk. 1,4,5)	8:00 a.m12:00p.m. (wk. 2,3)	p.m.
Tina Brown - Coordinator	8:00 a.m 12:00 p.m. 1:00 p.m 5:00p.m.	10:00 a.m2:30 p.m. 3:30 p.m 7:00p.m.	8:00 a.m12:00 p.m. 1:00 p.m 5:00p.m.	8:00 a.m12:00 p.m. 1:00 p.m 5:00p.m.	8:00 a.m12:00 p.m.	

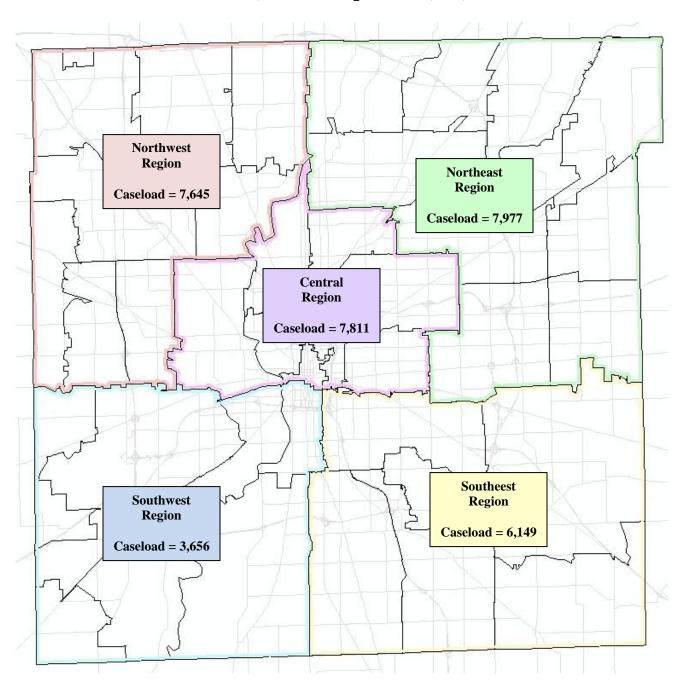
^{*}Clinic Hours must comply with the current State Policy on Clinic Hours.

Please note:

This form provides supportive documentation for funds budgeted for clinic operations. Permission to deviate from this schedule <u>must</u> be obtained from your assigned State Clinic Services Consultant. Any temporary changes to your clinic hours must also be reported to your state consultant.

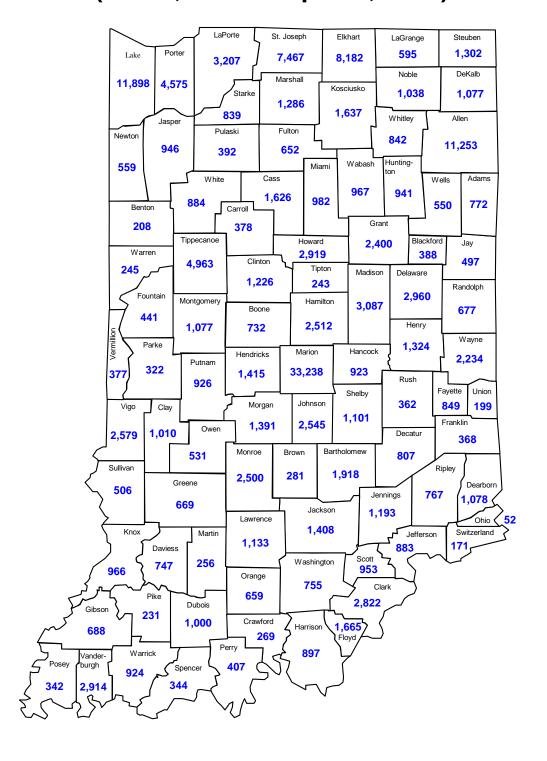
Appendix C

Marion County 2010 Participation (October 1, 2009 – September, 30, 2010)



Appendix D

2010 WIC County Participation (Oct. 1, 2009 - Sept. 30, 2010)



Appendix E

Local Agency WIC Clinic Equipment List

<u>Item</u>	Guideline R - Required O - Optional	Funding S - State WIC Budget L - Local WIC Budget
10/100 Mbps Switch/Hub	R 1 Per Clinic	S
Activity Carpet	0	L
Answering Machine	R 1 Per Clinic	L
Bookshelf	0	L
Cabinet	0	L
Carry Case	0	L
Cell Phone	0	L
Chair	R 1 Desk chair per employee, 10-25 clinic chairs based upon size of clinic	L
Changing Table	0	L
Check Printers	R 1 Check Printer per 2 Clerks	S
Chest of Drawer	0	L
Clothing Rack	0	L
Computer Monitor	R 1 Monitor per Desktop Computer	S**
Copy Machine	R 1 Per Clinic	L
Couch	0	L
Credenza	0	L
Desk	R 1 Per Employee	L
Desktop Computer	R 1 Per Employee	S
Display Board	0	L
Document Printer	R 1 Per Clinic	L
Dollie	0	L

<u>Item</u>	Guideline R - Required O - Optional	Funding S - State WIC Budget L - Local WIC Budget
Door Bell	0	L
Dry Erase Board	0	L
DVD	0	L
Easel	0	L
Electronic Signature Pad	R 1 Per Document Printer	S
Entertainment Center	0	L
Fax Machine	R 1 Per Clinic	L
File Cabinet	R 1 Per Employee	L
Fire Safe	0	L
Heater	0	L
Hemocue Machine	R 1 Per CPA office	L
Keyboard	R 1 Per Desktop Computer	S**
Ladder	0	L
Laminator	0	L
Lamp	0	L
Laptop Computer	O 1 Per WIC Coordinator operating in multi site agency	S
Microwave	0	L
Mouse	R 1 Per Desktop Computer	S**
Pager	0	L
Partition	0	L
Play Scape	0	L
Projection Screen	0	L
Recumbent Board	R 1 Per Clinic	L
Refrigerator	0	L
Right Angle Headpiece	R 1 Per Clinic	L
Scale	R 1 Per Clinic	L
Scanner	0	L
Shelf	0	L
Shredder	R 1 Per Clinic	L
Stadiometer	R 1 Per Clinic	L
Storage Cabinet w Lock	R 1 Per Clinic	L
Table	0	L
Telephone	R 1 Per Employee	L

<u>Item</u>	Guideline R - Required O - Optional	Funding S - State WIC Budget L - Local WIC Budget
Toaster Oven	0	L
Toys	0	L
Trash Can	0	L
TV	0	L
Utility Cart	0	L
Vacuum	0	L
VCR	0	L

^{**} Funded by State contract for new equipment only. Replacement equipment to be funded by Local Agency budget.